



GROOVY JUNGLE SMOOTHIES

Check out these swingin' sweet smoothie recipes inspired by King Louie and Mowgli the Man Cub!

KING LOUIE'S CHOCO-BANANA BOOM BOOM!

You will need:

1 Banana

3 Dates

2 oz. Chocolate

Chips

1 cup Ice

1 cup Coconut

Milk

Directions:

Put ingredients into a blender.

Blend on high until smooth.



MAKES FOUR SERVINGS



MOWGLI'S MANGO GO PINEAPPLE!

You will need:

1/2 cup Frozen Mango

1/2 cup Frozen Pineapple

3 Dates

1/2 cup Ice

1 cup Coconut Milk

Directions:

Put ingredients into a blender.

Blend on high until smooth.



MAKES FOUR SERVINGS



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