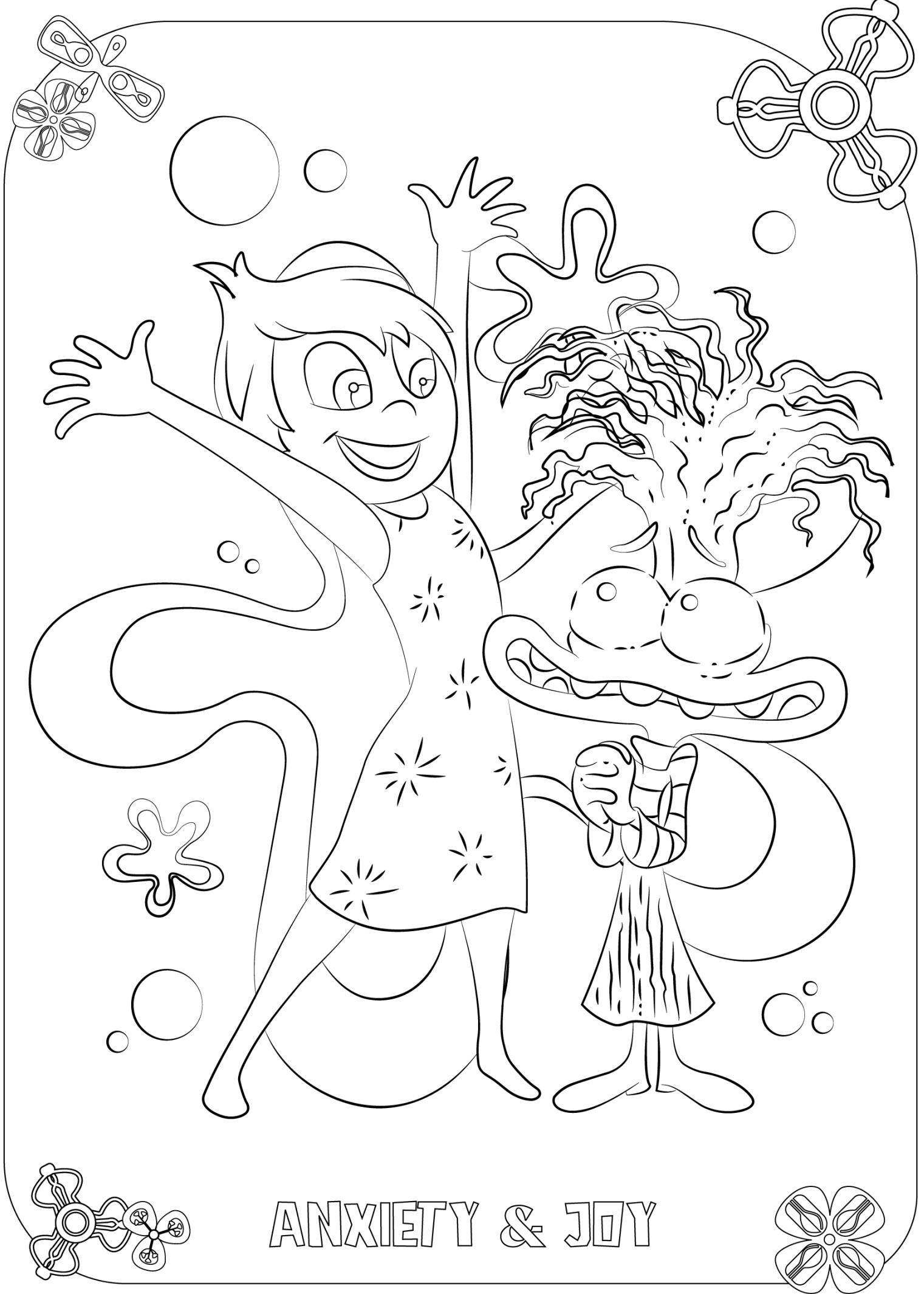


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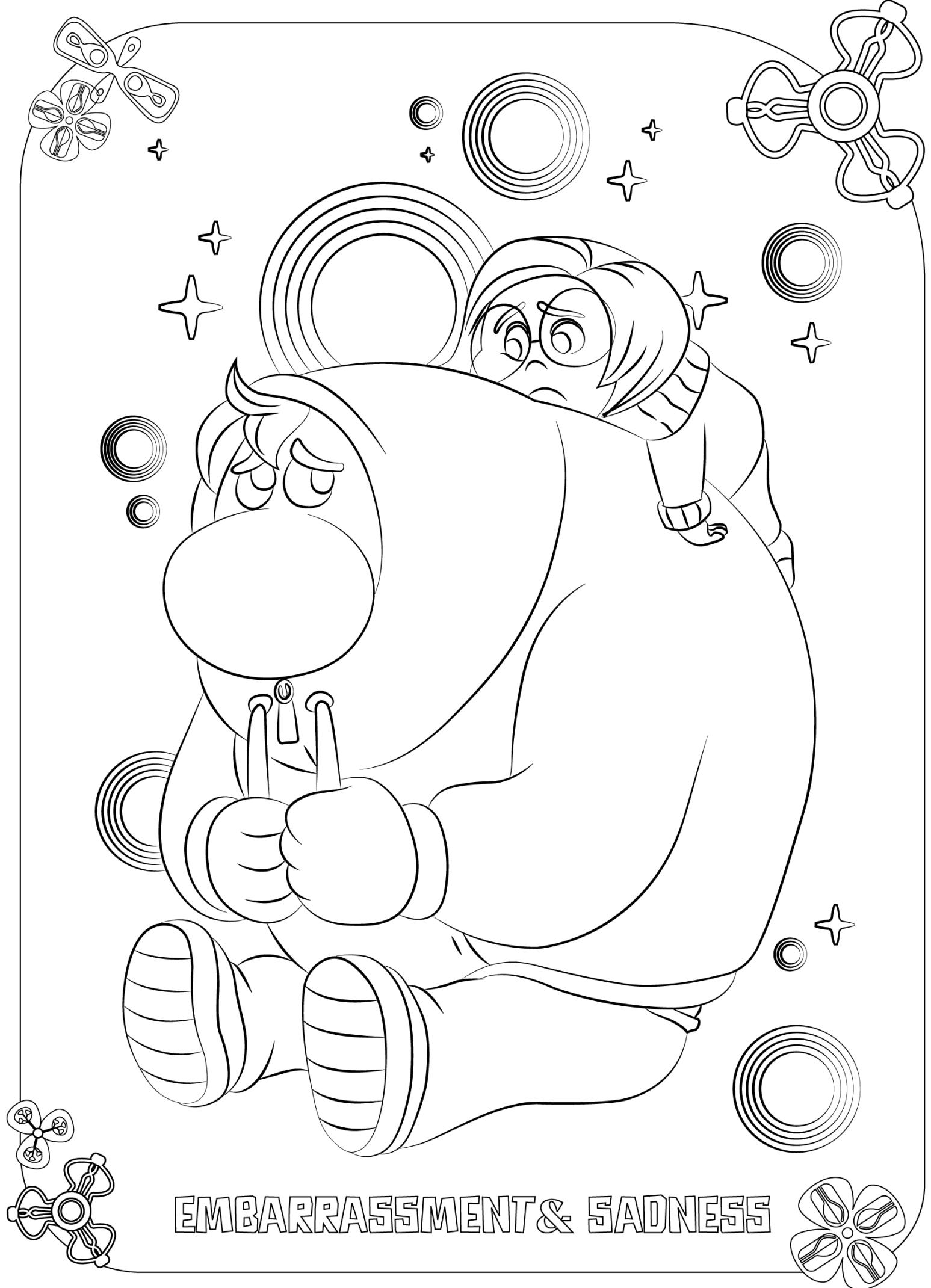
MAKE ROOM FOR  
NEW EMOTIONS



**ACTIVITY PACK**

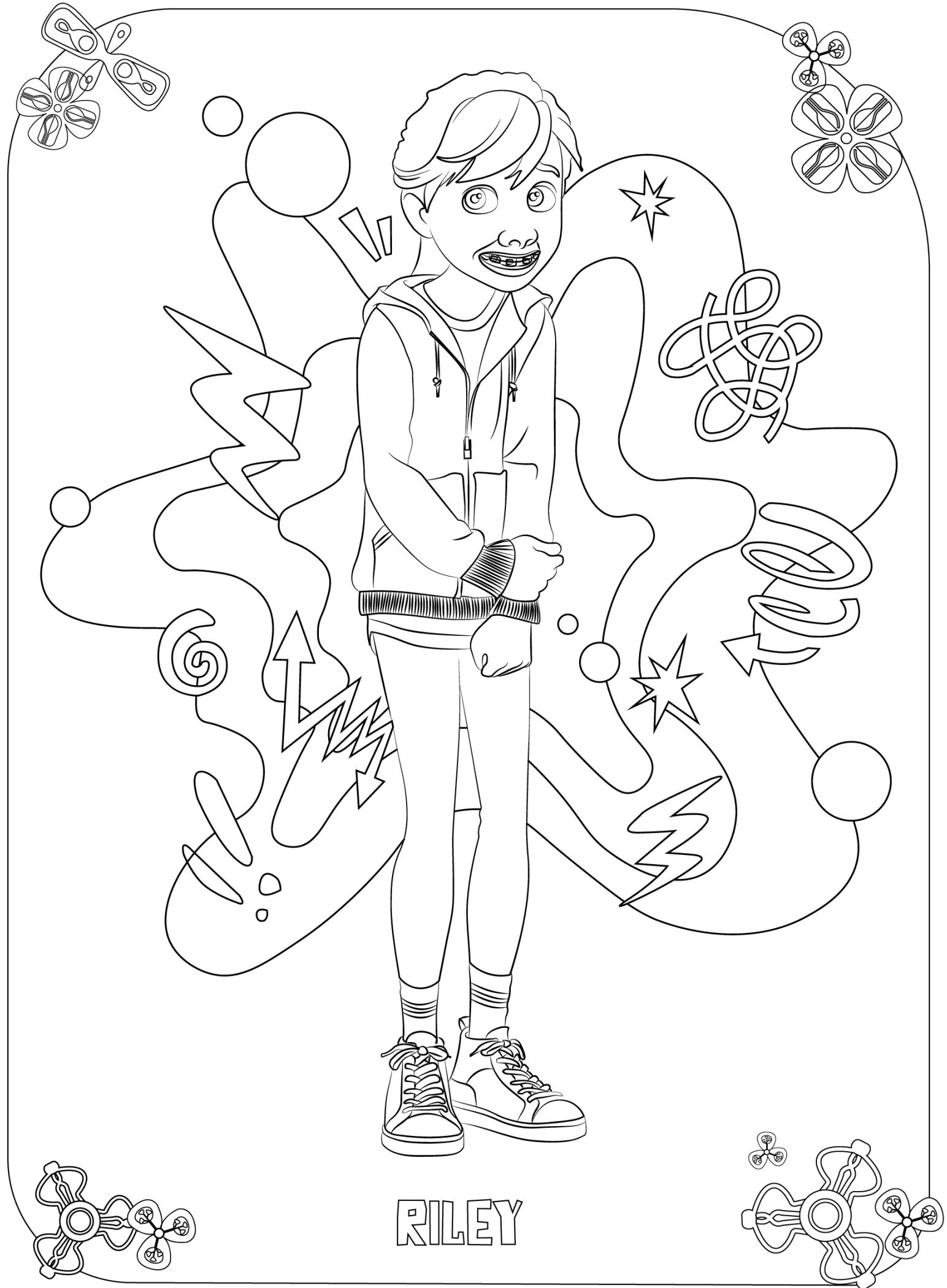


ANXIETY & JOY



EMBARRASSMENT & SADNESS





# BUNDLE OF NERVES

Which memory ball belongs to which emotion?  
Find the right one and color it in!



Answer:

# SPOT THE DIFFERENCE

Can you spot the 7 differences?



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# CREATE A NEW HAIRSTYLE FOR ANXIETY



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# A MAZE THROUGH RILEY'S MIND

Can you reach the middle of Riley's mind?



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# MEMORIES

Draw a memory of when you felt each of the emotions in the memory balls!

ANXIOUS

HAPPY

SAD

ANGRY

EMBARRASSED

SCARED

DISGUSTED

ENVIOUS

BORED

# CRACK THE CODE

Can you figure out what the emotions are saying?

A	
B	
C	
D	
E	
F	
G	
H	
I	
J	
K	
L	
M	
N	
O	
P	
Q	
R	
S	
T	
U	
V	
W	
X	
Y	
Z	

Answers: I put my stuff? These girls are so cool...  
Humm... We are super excited emotions!



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